

2024 CSA Application Form

May 3 through October 11, 2024

A minimum of 24 weeks of vegetables

Date _____ Adults _____ Children over 5 yrs.: _____

Name: _____

Mailing Address: _____

City, ST, Zip _____

Phone: _____

Email: _____

CSA OPTIONS

(circle one)

- **Small Share:** 7 items a week \$800
- **Large Share:** 13 items a week* \$1250

*Some items may be doubled in quantities for large shares

PICKUP DAY IS AFTER 3 PM:

CHOOSE YOUR DAY (CIRCLE ONE)

FRIDAY

TUESDAY

We accept cash, checks, credit/debit cards at the farm or
you may pay online at:
www.pheasantfields.com



Our farm becomes your farm.

Product List

We grow a variety of produce to please our customers. Below is a list of some of the produce we grow. Typically a season begins with harvesting greens like fast growing lettuce, chard, kale, bok choy, and mustards. We specialize in growing purple colored vegetables which are enriched in anthocyanins and antioxidants.

Arugula
Asian Greens
Bush & Pole Beans
Beets
Bok Choy
Brussel Sprouts
Broccoli
Basil, several types
Ground Cherries
Cauliflower
Chard
Cucumbers
Collards
Dill
Sweet Corn
Fennel
Garlic
Garlic Scapes
Kale
Kohlrabi
Lettuce
Mustard
Onions
Oregano
Peas
Peppers, Sweet & Hot
Pumpkins
Radishes

Winter Squash
Summer Squash
Tomatoes
Thyme
Sage
Tarragon
Cilantro
Carrots
Cabbage
Lemon Balm
Egg Plant
Green Garlic
Italian Parsley
Salad Kits
Spinach
Turnips
Leeks
Rosemary

Miscellaneous nonfoods:

Fall Decorations
Colorful Gourds
Flowers
Ornamental pumpkins
Horse chestnuts - nonedible
(A natural spider repellent)
Corn stalks

Nursery Stock:

Vegetable plant starts
Flower plant starts
Herb plant starts

Other vegetables in addition to what is listed above may be offered.



CSA 2024

Community Supported Agriculture

24 weeks of continuous farm fresh vegetables

May 3rd through October 11, 2024

If we have a mild fall, there will be
produce available through October 31st
(for no additional charge)



Pheasant Fields Farm

13274 Clear Creek Rd NW
Silverdale, WA 98383
1-360-697-6224

info@pheasantfields.com
www.pheasantfields.com

Support a Local, Sustainable Community

Feed your family the finest nutrition available.

Eat local fresh food grown in your environment!

Welcome to Pheasant Fields Farm

Our farm was part of the original John Holmes homestead in the 1800's. Peder Peterson, a logger, purchased a small part of that land and sent for his nephew in Sweden, Conrad Peterson, to help him build an egg ranch. The land has remained a family farm since the late 1800's. This farm has over the decades produced eggs, pork, beef, and fruits and vegetables. In recent years, more land has been cultivated to raise predominately vegetables. Our activities are diversified and our 15 acre farm is the home for several chickens, ducks, geese, goats, pigs, turkeys, and Sailor, our farm dog! We welcome the public's desire to visit our farm and connect with all local farms that produce local food. *Mark your calendars: Kitsap Annual Farm Tour Aug.11, '24.*

What is a CSA?

CSA stands for Community Supported Agriculture. In a CSA program, participating members of the community pay an up-front fee at the beginning of a new season, and each week once the harvest season begins, they enjoy a share of the freshest and healthiest produce we have to offer. Basically, you are buying a "share" of that year's harvest. Customers benefit greatly from having convenient access to farm-fresh food, and we farmers benefit with up-front payments so we can pay for many costs including seeds, supplies and extra labor as needed. CSA programs help to keep local farms alive and healthy and part of our growing community, where they belong. We are not a "certified organic" farm, but we grow our produce using organic and sustainable practices:

NO pesticides - NO herbicides - NO hormones

Buy Local

On average, food travels a minimum of 1,500 miles to get to your table. This is a tragic waste of resources and much of this food has been genetically modified or chemically treated to keep for long periods of transport time. There is growing concern about the nutritional value of foods and more and more people are making an active effort to be knowledgeable about the origins of their food. When you purchase food from local farmers, you not only know exactly how and where your food is being produced, you also support our ability to maintain local farming operations and you get the benefit of eating the most nutritious produce available!

Visitations

Watch your vegetables grow!

We welcome all CSA members to visit the farm to help cultivate a budding relationship with food. Please make an appointment for your first visit for a brief farm orientation. You may come as often as you like, and you are welcome to bring your friends and family members to observe our growing and harvesting process. Renew and deepen your relationship to community and the land. No appointments are necessary thereafter. We ask you to leave your family pets at home or call ahead so we can have our farm dog, Sailor, contained before your arrival.



Our farm store



Other producer quantities

Our CSA quantities

Our Farm Share Sizes

We are often asked what goes into a share? Below are two share sizes as examples of what to expect when you get your first share. We begin our season with cooler weather types of crops, typical of vegetables that may be found at early local Farmers Markets. No, you can't get tomatoes or summer squash until July in the northwest! As we move into June and July, more vegetables begin to ripen. Sugar snap peas, cucumbers, beans will be appearing. We have incorporated the use of a high tunnel house to boost plant production and extend harvest seasons. We have been pleased with results. **Please indicate how many adults and children over 5 yrs. of age are in your family when you fill out our application.** Our bundles, containers, and quantities are of generous sizes! Our share holders in the past have been very pleased with the quantities and freshness of our products.

Small Share:

1 lettuce or 1 romaine
6-8 green onions
8 radishes
2-3 bok choy
3 Asian greens or 1 bundle of kale or 1 bundle of chard
4-5 oz. spinach
4-5 white turnips

Large Share

2 or 3 lettuce or romaine
10 - 12 green onions
2 bunches of radishes
5-6 bok choy
6 Asian greens or 2 bunches kale or chard
8-10 oz. spinach
8-10 white turnips

Twenty-four weeks of fresh produce:

How does this work?

Our CSA season runs weekly from May 3rd to October 11th. You get a selection of our best quality and freshest vegetables each week of products grown that are listed in this brochure. Most all produce is harvested fresh within the day you receive it!

CSA Options

Selection Method: Customers may choose the traditional Farmer's Selection method and receive a variety of the freshest produce available, pre-packaged and ready to be picked up at the farm. You can choose from two size options.

These two options are the best value we offer for your dollars invested!

A **small share** contains 7 items per week, serving one or two modest vegetable eaters. An example of an item might be a bunch of radishes, a head of lettuce, a pound of summer squash, a pint of sugar peas, and so forth.

A **large share** will contain 13 items per week and is designed to feed 3 to 4 modest vegetable eaters or two hearty vegetable eaters who like to cook at home. Large shares may contain a double amount of certain items to add up to 13 units. For example, 2 pounds of summer squash or string beans instead of 1 pound of each for a small share. CSA subscribers can go to our website for current plant starts available if they want to plant a garden of their own, too! In addition, they will receive a weekly newsletter containing recipes for products in their weekly shares and news about what is going on at the farm!

Disclaimer

Nature provides no guarantees - we farmers can't offer any either. But with diversified crops and the advent of high tunnels, we expect most crops will prosper. We are dedicated to being **your** farmers, working for **you** to deliver the quality and quantity you deserve. We are fortunate to say we have never experienced a situation where we did not have products for our customers throughout our growing season, which farmers have benefitted with climate change. That's true in serving CSA customers for over 12 years.

**CSA customers get
the best of our crops!**